

# REGION II HUMAN SERVICES

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## PROGRAM LISTING

### REGIONAL and PROGRAM ADMINISTRATION

110 North Bailey, P.O. Box 1208  
North Platte NE 69103-1208

Kathy Seacrest, BA, Regional Administrator/Program Director  
Diana Schuster, Operations & Human Resources Director  
Katie McCarthy, BS, Fiscal & System Manager  
Traci Kramer, BS, Administrative Support Director, Privacy Officer

**(308) 534-0440**

FAX (308) 534-8775

308 534 0440 Ext 201 Cell (308) 539-0310  
308 534-0440 Ext 203  
308 534-0440 Ext 204  
308 534-0440 Ext 202

### PROGRAM DIRECTORS- REGIONWIDE

Tamara Johnson, MD, Medical Director, Family Physician ----- 308 534 6029  
Teresa Ward, MA, LIMHP, Day Rehab/Outpatient Director, Clinical Director----- 308 534 6029 Cell (308)529-1276  
Angela Smith, Community Support Director ----- Cell (308) 280-0031  
Robyn Schultheiss BSW, Emergency Support Program Director ----- Cell (308) 390-4645  
Shannon Sell, BS, Prevention System Director ----- 308-534-6029 Ext 152  
Sarah White, BS, Youth Care Director ----- 308 532-4860 Ext 304 Cell 350-0678  
Wally Hampton, Information Technology Manager -----Cell (308) 350-1419  
Tom Carpenter, Corporate Compliance Officer (on contract) -----308-534-0440

## • REGIONWIDE:

### REGIONAL EMERGENCY COORDINATION/EMERGENCY SUPPORT PROGRAM

307 East Fifth, P.O. Box 519  
Lexington NE 68850-0519  
(308) 324-7200  
FAX (308) 324-5118

P.O. Box 1209  
North Platte NE 69103-1208  
Toll free (877) 269-2079  
FAX (308) 532-1157

Robyn Schultheiss BSW, Emergency Support Program Director/System Coordination  
Kelly Kuenle, BS, Emergency Service Coordinator  
Nancy Cooper, Emergency Service Coordinator

Cell (308) 390-4645  
308 324-7918 Cell (308) 325-9661  
308 532-4860 Ext 312 Cell (308) 539 1552

**REGION II CLIENT CRISIS LINE (OUTPATIENT, COMMUNITY SUPPORT, DAY REHAB)**

**1-877-709-3351  
or (308) 532-3351**

**BEHAVIORAL HEALTH SYSTEM EMERGENCY NUMBER**

**1-877-269-2079**

### REGION II PREVENTION SYSTEM COORDINATION

110 North Bailey, P.O. Box 1208  
North Platte NE 69103-1208

Shannon Sell, BS, Prevention System Director  
Heartland staff as needed. Educators on contract throughout the Region.  
Community Connections – contracted coalition

**(308) 534-6029 Ext 152**

FAX (308) 534-6961

308-534-6029 Ext 152

### REGION II CONSUMER SPECIALISTS

Corey Brockway, BS, Consumer Specialist/Computer/Network Technician

308-534-6029 Ext 208 (308) 340-2406

## • NORTH PLATTE:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

110 North Bailey, P.O. Box 1209

**North Platte** NE 69103-1209

*Services available: Outpatient Substance Abuse & Mental Health. Substance Abuse Evaluations, Medication Management, Med Box Program.*

Tamara Johnson, MD, Medical Director, Family Physician (6-8 days month)	308 534 6029	Ext 134
Bridget Pettit, MS, Lic. Independent Mental Health Practitioner	308 534 6029	Ext 131
Teresa Ward, MA, Lic. Independent Mental Health Practitioner, Outpatient Director	308 534 6029	Ext 125
Mark Hunt, LADC, Licensed Alcohol & Drug Counselor (NP & Lex)	308 534-6029	Ext 128
Jennifer Spencer, MS, Lic Indep MH Pract., LADC, Lic Alc & Drug Counselor (NP & Lex)	308 534-6029	Ext 151
Maggie Tidyman, MA, Prov. Mental Health Practitioner, Licensed Alcohol & Drug Counselor	308 534-6029	Ext 133
Kyle Brandyberry, MS, LIMHP,LADC, Lic. Indep. MH Pract/Alc & Drug Counselor	308 534-6029	Ext 140
April Scott, MAE, PLMHP, PLADC, Prov Lic MH Pract/Prov Lic Alc & Drug Counselor (2/days wk)	308 534-6029	
Mandy Blakeman, BS, Support Staff, North Platte Support Staff Manager	308 534-6029	Ext 122
Megan Courter, Support Staff	308 534-6029	Ext 120
Alexandria Petska, Support Staff	308 534-6029	Ext 120
Justina Johnson, RN, Nurse	308 534-6029	Ext 139
Kathryn Batson, APRN-Nurse Practitioner, (2½ days per week)		
Leslie Pieper, LIMHP, LCSW (on contract telehealth 3½ days per week)		
Janet Bernard, MD, (on contract, Medication Assisted Treatment)		

**(308) 534-6029**

FAX (308) 534-6961

### **COMMUNITY SUPPORT SERVICES**

110 North Bailey, P.O. Box 1209

**North Platte** NE 69103-1209

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director	308 532-4860	Ext 392 Cell 308 280-0031
Deb Hyde, BS, Care Coordinator	308 532-4860	Ext 306
Jill Miller, AA, Care Coordinator. (NP and Lexington)	308 532-4860	Ext 308 Cell 308-414-0010
Lisa Green, BS, Care Coordinator	308 532-4860	Ext 305 Cell 308-539-2479
Missie Seward, BA, Care Coordinator	308 532-4860	Ext 391 Cell 308-539-3450
Samuel McDaniel, BS, Care Coordinator	308 532-4860	Ext 302 Cell 308-539-3066
Jessica Carstensen, BS, Care Coordinator	308 532 4860	Ext 310 Cell 308-539-1213

**(308) 532-4860**

FAX (308) 532-1157

### **YOUTH CARE COORDINATION SERVICES**

110 North Bailey, P.O. Box 1209

**North Platte**, NE 69103-1209

Sarah White, BS, Youth Care Director	308 532-4860	Ext 304 Cell 350-0678
Ashley Vak, BA, Youth Care Coordinator	308 532-4860	Ext 303 Cell 539-1498
Joel Fisher, BS, Youth Care Coordinator	308 532-4860	Ext 313 Cell 539-1387

**(308) 532-4860**

FAX (308) 532-1157

### **FRONTIER HOUSE (Day Rehab/ Day Support)**

114 South Chestnut, P.O. Box 1209

**North Platte**, NE 69103-1209

Teresa Ward, MA, Lic. Independent Mental Health Practitioner, Day Rehab Director		
Melanie Freeze, Care Coordinator (part-time)	Ext 204	
Suzy Dodson, BS, Care Coordinator (part-time)	Ext 207	
Cassandra Lueth, BS, Care Coordinator (NP & McCook)	Ext 210	

**(308) 532-4730**

FAX (308) 532-4737

CELL (308) 539-4067

## • MCCOOK:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0818

*Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management and Med Box Program.*

Tamara Johnson, M.D., Medical Director, Family Physician (6 days month)

Marsha Wilkison, EdS, Lic. Independent Mental Health Practitioner

Carrie Roberts, LCSW, Lic. Independent Mental Health Practitioner (part-time)

Rebecca Durner, MA, Licensed Independent Mental Health Practitioner (teletherapy)

Brenda Ruf, MS, LMHP, LADC, Licensed Alcohol & Drug Counselor (teletherapy through Sept)

Sarah Vrbas, Building Coordinator, Manager of Billing Operations

Georgia Baughman, Support Staff

Marilyn Brown, Support Staff

Justina Johnson, RN, Nurse

Kathryn Batson, APRN-Nurse Practitioner (1 day wk)

**(308) 345-2770**

FAX (308) 345-2557

Cell phone: 350-2886

308 345-2770

308 345-2770 Ext 203

308 345-2770 Ext 204

308 345-2770

308 345-2770 Ext 208

308 345-2770 Ext 205

308 345-2770 Ext 202

308 345-2770 Ext 201

308-345-2770 Ext 216

308-345-2770

### **COMMUNITY SUPPORT SERVICES**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0818

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director

Jan Badsy, BA, Care Coordinator

**(308) 345-2770**

FAX (308) 345-2557

308 532-4860

Cell 308 280-0031

308-345-2770 Ext 206 Cell 308-539-3487

### **YOUTH CARE COORDINATION SERVICES**

1012 West Third, P.O.Box 818

**McCook** NE 69001-0818

Jessie Spencer, BS, Care Coordinator

**(308) 345-2770**

FAX (308) 345-2557

308 345-2770 Ext 209 Cell (308)350-0894

### **PIONEER HOUSE (Day Support)**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0181

Cassandra Lueth, BS, Care Coordinator (1 day week)

**(308) 345-2770**

FAX (308) 345-2557

308 345-2770

## • LEXINGTON:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

P.O. Box 519, 307 East 5th

**Lexington** NE 68850-0519

*Services available: Outpatient Substance Abuse & Mental Health,, Substance Abuse Evaluations, Medication Management, Med Box Program*

Tamara Johnson, MD, Medical Director, Family Physician (1 day mo)

Richard Pendleton Sr., MS, Lic Indep. Mental Health Practitioner (teletherapy)

Mark Hunt, LADC, Licensed Alcohol & Drug Counselor (1 day wk)

Brooke Titus, AA, LADC, Lic Alcohol & Drug Counselor

Rebecca Durner, MA, Lic. Indep Mental Health Practitioner (teletherapy 1 day wk)

Jennifer Spencer, MS, Lic Indep MH Pract., LADC, Lic Alc & Drug Counselor (2 days wk)

Jill Kostman, Support Staff, Building Coordinator

Deaetta Larson, Support Staff, Building Coordinator

Justina Johnson, RN, Nurse (1 day every other wk)

Kathryn Batson, APRN-Nurse Practitioner (1 day wk)

Mayra Avalos, BS, Practicum – Mental Health

**(308) 324-6754**

FAX (308) 324-5118

**Emergency Support (308) 324-7200 TOLL FREE (877) 269-2079**

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### **COMMUNITY SUPPORT SERVICES**

P.O. Box 519, 307 East 5th

**Lexington** NE 68850-0519

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director

Jill Miller, AA, Care Coordinator (NP & Lexington)

**(308) 324-6754**

FAX (308) 324-5118

Cell 308 280-0031

308 324-6754 Cell 308-414-0010

### **YOUTH CARE COORDINATION SERVICES**

307 East 5<sup>th</sup>, P.O.Box 519

**Lexington** NE 68850-0519

Mayra Avalos, BS, Youth Care Coordinator (part-time)

Ana Romero, BS, Youth Care Coordinator

**(308) 324-6754**

FAX (308) 324-5118

308 324-6754 Ext 210 Cell 308-320-1051

308 324-6754 Ext 208 Cell 308-320-0256

## • OGALLALA/IMPERIAL:

### HEARTLAND COUNSELING AND CONSULTING CLINIC

**(308) 284-6767 (Ogallala)**

401 West 1<sup>st</sup>  
**Ogallala** NE 69153-2412  
FAX: (308) 284-3084

740 Court Street  
**Imperial, NE** 69033  
(308) 882-4203, FAX 308-882-3072

*Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management, Med Box Program*

Tamara Johnson, MD, Medical Director, Family Physician (3 days mo)	308 284-6767
Brenda Ruf, MS, LMHP, LADC, Licensed Alcohol & Drug Counselor (1 day wk)	308 284-6767
Kyle Brandyberry, MS, LIMHP, LADC, Lic. Indep. MH Pract/Alc & Drug Counselor (1 day wk)	308 284-6767
Rebecca Durner, MA, Lic Independent Mental Health Practitioner (Part-time teletherapy)	308 284-6767
Brooke Titus, AA, LADC, Lic Alcohol & Drug Counselor (telehealth as needed)	308 284-6767
April Scott, MAE, PLMHP, PLADC, Prov Lic MH Pract/Alc & Drug Counselor (3 days wk)	308 284-6767
Amanda Baack, Support Staff, Building Coordinator	308 284 6767
Kathryn Batson, APRN-Nurse Practitioner (1 day wk)	308-284-6767
Crayton Jirovsky, MS.Ed., LIMHP, LADC (on contract telehealth 2½ days per wk)	308-284-6767
Rhonda Osborne, MA, LIMHP (on contract, part-time, Ogallala, Imperial)	308 284-6767

### COMMUNITY SUPPORT SERVICES

**(308) 280-0031 Cell**

401 West 1<sup>st</sup>  
**Ogallala** NE 69153-2412

FAX (308) 284-3084

Angela Smith, Care Coord, ARM Coord, Housing System Coord., Community Support Director  
McKenize McIntyre, BS, Care Coordinator

308 284-6767 Ext 217 Cell 308-280-0031  
308 284-6767 Cell 308 539-2711

### YOUTH CARE COORDINATION SERVICES

**(308) 284-6767**

401 West 1<sup>st</sup>  
**Ogallala** NE 69153-2412

FAX (308) 284-3084

Makayla Crawford, MS, Youth Care Coordinator

308-284-6767 Ext 210 Cell 308 280-0576

## CONTRACTED SERVICES:

**Acute/Secure Sub-Acute Care.** Great Plains Health, North Platte

**Emergency Protective Custody Services.** Great Plains Health, North Platte

**Substance Abuse Short Term Residential Services.**

Touchstone Treatment Center, Lincoln (402) 474-4343 (men and women)

St. Monica's, Lincoln (402) 441-3768 (women only)

**Therapeutic Community.** St. Monica's, Lincoln (402) 441-3768 (women only)

**Halfway House for Men.** Houses of Hope, Lincoln. Jay Conrad (402) 435-3165

**Dual Diagnosis Residential.** CenterPointe, Lincoln, (402) 475-8717

**Supported Employment.** Goodwill Industries, North Platte, Lexington, McCook & Ogallala. Randa Sil (308) 520-9260.

**Transitional Housing.** West Central Nebraska Housing Authority, Ogallala, Kelsey Snow, Director (308) 284-7315

**Intensive Outpatient Substance Abuse Services.** Lutheran Family Services of Nebraska, (308) 532-0587

**Prevention Coalitions.** Community Connections, (308) 696-3355

## SPECIAL SERVICES:

**ARM in ARM (Aiding Recovering Moms):** Gender specific substance abuse wraparound services for pregnant and/or parenting recovering women. Angela Smith (308) 280-0031

**Behavioral Health Disaster Response Coordination:** Shannon Sell (308) 534-6029 Ext 152.

**Youth Systems Coordination:** Sarah White (308) 350-0678

**Housing System Coordination:** Angela Smith (308) 280-0031

**Prevention System Coordination:** Shannon Sell (308) 534-6029 Ext 152