

**“Prime for Life”**  
**2021 Alcohol and Drug Education Classes**  
**Provided by Region II Human Services**

**All classes provided via Zoom due to COVID-19 until further notice.**

Classes will be held on the first Saturday of each month from 10:00 am–4:00 pm (Central Time) until further notice.

To register, please call Shannon at 308-529-0595 or call any of our Heartland Counseling offices:

North Platte- 308-534-6029

Ogallala- 308-284-6767

McCook-308-308-345-2770

Lexington-308- 324-6754

Requirements for virtual classes:

1. Participants will be required to have a computer/tablet or phone with camera & speaker and will be required to actively participate in the class. If they do not have this capability, they will not be able to register for the class. Classes will be held from 10-4pm (Central Time).
2. Participants will be emailed a link for the class.
3. A certificate of completion will be emailed to each participants once the required course work has been completed.
4. Registration for each class will close 5 days prior to the scheduled class date. Payment for the class must be received at least 5 days in advance (via mail). We do not accept credit cards or debit cards at this time. Payment must be mailed via USPS in the form of a personal check, money order or cashier’s check.

\*Class fee is \$120.00 (A digital workbook is included in the price).

\*Classes need to have a minimum number of participants. If the minimum number is not met, participants will be notified before class regarding cancellation and rescheduled.

**Participants must be at least 14 years old to attend the class**  
This class is offered **FREE** to parent(s) or guardian(s) who have youth attending the class.