

REGION II HUMAN SERVICES GOVERNING BOARD

110 North Bailey, Box 1208
North Platte NE 69103
(308) 534-0440

MINUTES REGION II HUMAN SERVICES GOVERNING BOARD

Date: July 25, 2019

I. REGION II HUMAN SERVICES (Behavioral Health Authority)

A. Introductions/Roll Call. Meeting was called to order by Dan Vinton, Chairman at 10:27 AM CDT at 110 North Bailey in North Platte, Nebraska. Roll call was taken with 9 board members present.

BOARD MEMBERS PRESENT: Richard Bartholomew, Dundy Co.
 Dan Vinton, Grant Co.
 Wayne Christner, Hayes Co.
 Paul Nichols, Hitchcock Co.
 Kim Elder, Keith Co.
 Lee Wonch, Logan Co.
 Brett Nason, McPherson Co.
 Sid Colson, Perkins Co.
 Pam Moody, Thomas Co.

BOARD MEMBERS ABSENT: Ron Jageler, Arthur Co., Jacci Brown, Chase Co., PJ Jacobson, Dawson Co.,
 Glen Monter, Gosper Co., Bryan Crisp, Hooker Co., Joe Hewgley, Lincoln Co.,
 Steve Downer, Red Willow Co.

OTHERS PRESENT: Kathy Seacrest, Regional Administrator, Region II Human Services
 Diana Schuster, Operations/Human Resources Director
 Katie McCarthy, Fiscal and System Manager
 Megan Smith, Support Staff, Medication Support Lead

B. Announcements. Open Meetings Act, agenda, previous months minutes and handout materials are posted in the Board room. News media receiving meeting notification: North Platte Telegraph, Keith Co News, McCook Daily Gazette and Clipper Herald.

C. Public Forum. None.

D. Approval of Minutes. A motion was made by Sid Colson and seconded by Pam Moody to approve the minutes of the June 27, 2019 meeting. Roll call vote, 9/0. Motion carried.

E. Approval of Agenda. A motion was made by Paul Nichols and seconded by Brett Nason to approve the agenda as presented. Roll call vote, 9/0, motion carried.

F. Committee Reports.

- a. Executive Committee Report. No report.
- b. Advisory Committee Report. No report. The Advisory Committee will meet in August to approve the operating budget.

II. AGENCY/SERVICES PROVIDED BY REGION II HUMAN SERVICES

A. Agency Services

1. Program Report. Kathy Seacrest presented the June Agency Program Report and answered questions. Megan Smith, Medication Support Lead, presented a Medication Support Program Summary and answered questions. Megan works with the Medication Program by ordering meds for clients, following up on appointments, working with the nurse and scheduling injectable medications, working with the Patient Assistant Medications, as well as

sample medications. She noted that they provide medication support for those who don't have support – they get them enrolled in a program, work to get clients access to medications, stay stable, stay out of the hospital, and get the best care then can. Setting up medication boxes helps many clients, as well as enrolling them in LB95, a state program for those who have been on a mental health board commitment. Also, having clients pick up bubble packs and med boxes from the clinics helps provide a safe place for them to keep their meds. Kathy noted that they are working on collecting data from the clients on the difference this program makes in their life. The Board thanked Megan for her report.

2. Financial Report. The Agency financial reports through June were presented.

3. Appointment of Privacy Officer. Kathy Seacrest reported that she is shifting the Privacy Officer duties to Traci Kramer. Kathy noted that she had been the Privacy Officer previously. A motion was made by Lee Wonch and seconded by Brett Nason to appoint Traci Kramer as Privacy Officer. Roll call vote, 9/0, motion carried.

III. BEHAVIORAL HEALTH AUTHORITY

A. Contracted Services

1. Program Report. Kathy presented the Behavioral Health Authority Program June Report. The year end EPC numbers were 161. Last year, there were 173 EPC's. Kathy noted that there are peer run recovery houses in the region now that help with housing.

2. Financial Report. The Contract Provider June financial report was reviewed.

3. Provider Contracts FY 20. Approval/Disapproval. A motion was made by Sid Colson and seconded by Wayne Christner to approve the FY 20 Provider Contracts and allow Kathy Seacrest to sign them. Roll call vote, 9/0, motion carried.

B. Systems Coordination

1. Program Report. Kathy Seacrest presented the Program Report of Systems Coordination services for June and answered questions. Disaster coordination work was made available in Gosper and Dawson counties.

2. Financial Report. The System Coordination financial reports for June were reviewed.

C. Grants

1. System of Care. Grant will continue, and looking at sustainability. October 1st is the start of the 4th year for the grant. New services continue to be developed.

2. Suicide Prevention. Grant is ending October 1st but the region will continue services.

3. Mental Health First Aid. Services will continue to be offered throughout the region.

4. Opioid Project. The Opioid Grant year ends on 9/30/19, with a new grant starting October 2019. Region II will continue to offer these services through the grant. The team continues to meet.

D. Overall Financial Report. Agency and Behavioral Health Authority. Reviewed the overall financials through year end. The region drew down 98% of their funds. Some services went unfunded as the state would not allow all shifts requested. The new budget for FY 20 will be presented at the August Board meeting.

E. Approval of Shift of Funds FY 19. Approval/Disapproval. An Emergency Shift of Funds was presented to the board for their approval in order to shift all possible funds. A motion was made by Lee Wonch and seconded by Pam Moody to approve the Emergency Shift of Funds as presented. Roll call vote, 9/0, motion carried.

F. Approval of Final County Match Certification FY 2019-20. Approval/Disapproval. A motion was made by Kim Elder and seconded by Wayne Christner to approve the Final Certification of Local Matching Funds for FY 19/20. Roll call vote, 9/0, motion carried.

G. Approval of Alternative Compliance for Community Support Program. Approval/Disapproval. Presented an annual Alternative Compliance request for billing 15 minute increments for Community Support for contract year 2019/20. A motion was made by Sid Colson and seconded by Paul Nichols to approve the Alternative Compliance for Billing Community Support in contract year 2019/20. Roll call vote, 9/0, motion carried.

H. Regional Administrators Report.

1. Updates. Kathy distributed the Agency Organizational Chart with staff names as the Board requested last month. Sheri Dawson, DHHS, Director, will be at the August Governing Board meeting. Kathy reported that the Regional Administrators will send a letter to the Senators, thanking them for putting the funding back into the budget.

Kathy noted that the Region II is doing well, with low turnover, and stated how proud she is of the staff and the work they do.

IV. REGION II HUMAN SERVICES GOVERNING BOARD

- A. DHHS Contract Amendment FY 20. Approval/Disapproval. Due to new rate charts, a new Contract Amendment for FY 20 will be sent for approval. A motion was made by Richard Bartholomew and seconded by Brett Nason to approve the DHHS Contract Amendment for FY 20 and authorize Kathy Seacrest to sign the contract. Roll call vote, 9/0, motion carried.
- B. Governing Board By-Laws. Annual Board review and approval. By-laws were mailed to Board members for their review. A motion was made by Lee Wonch and seconded by Pam Moody to approve the Governing Board By-laws with no changes. Roll call vote, 9/0, motion carried.
- C. Interlocal Agreement. Annual Board review and approval. Interlocal agreement was mailed to Board members for their review. A motion was made by Kim Elder and seconded by Brett Nason to approve the Interlocal Agreement as presented with no changes. Roll call vote, 9/0, motion carried.
- D. Investment Report/Receipts and Disbursements Report. Report was distributed and there were no recommendations for change.
- E. Approval of Bills for Payment. Approval/Disapproval. A motion was made by Brett Nason and seconded by Sid Colson to approve the following bills for payment: Richard Bartholomew \$69.02, Wayne Christner \$56.26, Sid Colson \$37.70, Steve Downer \$82.94, Kim Elder \$19.72, JR Houser \$34.80, PJ Jacobson \$61.48, Pam Moody \$114.84, Dan Vinton \$92.80, Lee Wonch \$34.80, Paul Nichols \$114.84, Keith County News \$2.70 and Telegraph \$12.97. Roll call vote, 9/0, motion carried.

V. SET NEXT MEETING DATE. Thursday, August 22, 2019, 10 AM., CDT, 110 North Bailey, North Platte.

VI. ADJOURNMENT. Meeting adjourned at 11:30 AM.

REGION II HUMAN SERVICES GOVERNING BOARD

110 North Bailey, Box 1208
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MINUTES REGION II HUMAN SERVICES GOVERNING BOARD

Date: August 22, 2019

I. REGION II HUMAN SERVICES (Behavioral Health Authority)

A. Introductions/Roll Call. Meeting was called to order by Dan Vinton, Chairman at 10:50AM CDT at 110 North Bailey in North Platte, Nebraska. Roll call was taken with 12 board members present.

BOARD MEMBERS PRESENT: Ron Jageler, Arthur Co.
 Richard Bartholomew, Dundy Co.
 JR Houser, Frontier Co.
 Dan Vinton, Grant Co.
 Wayne Christner, Hayes Co.
 Paul Nichols, Hitchcock Co.
 Kim Elder, Keith Co.
 Lee Wonch, Logan Co.
 Brett Nason, McPherson Co.
 Sid Colson, Perkins Co.
 Steve Downer, Red Willow Co.
 Pam Moody, Thomas Co.

BOARD MEMBERS ABSENT: Jacci Brown, Chase Co., PJ Jacobson, Dawson Co., Glen Monter, Gosper Co.,
 Bryan Crisp, Hooker Co., Joe Hewgley, Lincoln Co.

OTHERS PRESENT: Kathy Seacrest, Regional Administrator, Region II Human Services
 Diana Schuster, Operations/Human Resources Director
 Katie McCarthy, Fiscal and System Manager
 Traci Kramer, Administrative Support Director
 Sheri Dawson, Director, Division of Behavioral Health
 Tamara Gavin, DHHS
 Linda Wittmuss, DHHS

B. Announcements. Open Meetings Act, agenda, previous months minutes and handout materials are posted in the Board room. News media receiving meeting notification: North Platte Telegraph, Keith Co News, McCook Daily Gazette and Clipper Herald.

C. Public Forum. None.

D. Approval of Minutes. A motion was made by Sid Colson and seconded by Pam Moody to approve the minutes of the July 25, 2019. Roll call vote, 9/0/3. (Abstaining, Jageler, Houser, Downer) Motion carried.

E. Approval of Agenda. A motion was made by Sid Colson and seconded by Kim Elder to approve the amended agenda as presented. Roll call vote, 12/0, motion carried.

F. Committee Reports.

a. Executive Committee Report. No report.

b. Advisory Committee Report. No report. The Advisory Committee will attend the Board meeting in September with a report.

II. AGENCY/SERVICES PROVIDED BY REGION II HUMAN SERVICES

A. Agency Services

1. Program Report. Kathy Seacrest presented the first month of the new fiscal year, July 2019 and answered questions.
2. Financial Report. The Agency financial report for July 2019 were reviewed.

III. BEHAVIORAL HEALTH AUTHORITY

A. Contracted Services

1. Program Report. Kathy presented the Behavioral Health Authority Program July Report. Kathy reported that the Supported Employment numbers remain consistent.
2. Financial Report. The Contract Provider July financial report was reviewed.

B. Systems Coordination

1. Program Report. Kathy Seacrest presented the Program Report of Systems Coordination services for July and answered questions.
2. Financial Report. The System Coordination financial reports for July were reviewed.

C. Grants

1. System of Care. October 1st is the start of the 4th year for the grant. Working on sustainability for the coming years.
2. Suicide Prevention. Grant ends September 30th, but the region will continue services.
3. Mental Health First Aid. Services will continue to be offered throughout the region.
4. Opioid Project. The Opioid Grant year ends on 9/30/19, with a new grant starting October 2019. Region II will continue to offer these services through the grant. The team continues to meet. Dr. Janet Bernard also spoke to the Advisory Committee.

D. Overall Financial Report. Agency and Behavioral Health Authority. Katie McCarthy reviewed the 1st month of the new year financials. Due to a late payment from the State, the Revenue and Expense Statement did not reflect the income as it should have.

E. Sheri Dawson, Director, Division of Behavioral Health. Sheri Dawson, along with Tamara Gavin, and Linda Wittmuss, distributed a Presentation to the Region II Governing Board and reviewed it with the Board. Sheri noted that the rollout of the money this first month of the year was not smooth. Delays in the distribution of funds were caused due to additional housing services and rate changes. Sheri discussed the new CEO of DHHS, Danette Smith, as well as the departure of Sue Adams, leaving DHHS and going to the Office of Ombudsman. Also discussed the Lincoln Regional Center challenges, along with potential changes – assessing the current structure and working to bring better connection between the regional center and the community.

Tamara Gavin, Deputy Director, Division of Behavioral Health, along with Linda Wittmuss, Deputy Director, reviewed the Strategic Plan for 2017-20 handout and commented that Region II out-performed the rest of the state at every outcome measure. Tamara noted that Region II has a low reliance on the Lincoln Regional Center (LRC) and does a very good job finding alternatives to LRC. Reviewed the services performed by Region II in comparison with across the state, noting Region II's performance, and strong collaboration of services. They will continue to look at data and outcomes.

Sheri Dawson asked the Board to look at the organizational structure. Board members voiced concerns that costs would go up, and where is the revenue source for additional funds. Sheri noted that there is a balance of funds left, and an opportunity based on needs and gaps. Board members noted that the state cannot argue with Region II's outcomes. Chairman Dan Vinton noted that "we see what you are saying, but don't agree with it". Sheri noted that there are lots of great things going on in Region II.

Sheri Dawson added that she recommends that the Board should assess this. Board member JR Houser noted that "even though this is the most efficient region in the State of Nebraska?" Board members noted that in the report handed out, the

region has great outcomes and Region II is the most efficient and effective in the state. The Board stated that they will take Sheri's comments under advisement.

F. Regional Administrators Report.

1. Updates. No additional updates at this time.

IV. REGION II HUMAN SERVICES GOVERNING BOARD

- A. Approval of Final County Match Certification. FY 2019-20. Approval/Disapproval. Presented a revised Final County match certification form due to a state error. A motion was made by Ron Jageler and seconded by JR Houser to approve and sign the Final County Match Certification for FY 2019-20. Roll call vote, 12/0, motion carried.
- B. Approval of Bills for Payment. Approval/Disapproval. A motion was made by Brett Nason and seconded by Sid Colson to approve the following bills for payment: Richard Bartholomew \$69.02, Wayne Christner \$56.36, Sid Colson \$37.70, Kim Elder \$39.44, Pam Moody \$114.84, Brett Nason \$21.46, Lee Wonch \$34.80, Dan Vinton \$92.80, Keith County News \$3.15, and Telegraph \$12.97. Roll call vote, 12/0, motion carried.

V. SET NEXT MEETING DATE. Next meeting will be held in OGALLALA. Thursday, September 26, 2019, 12:45 PM, MOUNTAIN TIME, QUALITY INN, 201 CHUCKWAGON ROAD.

VI. ADJOURNMENT. Meeting adjourned at 12:25 PM

REGION II HUMAN SERVICES GOVERNING BOARD

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MINUTES REGION II HUMAN SERVICES GOVERNING BOARD

Date: September 26, 2019

I. REGION II HUMAN SERVICES (Behavioral Health Authority)

A. Introductions/Roll Call. Meeting was called to order by Dan Vinton, Chairman at 12:50PM CDT at the Quality Inn in Ogallala, Nebraska. Roll call was taken with 12 board members present.

BOARD MEMBERS PRESENT:

- Jacci Brown, Chase Co.
- P.J. Jacobson, Dawson Co.
- Richard Bartholomew, Dundy Co.
- JR Houser, Frontier Co.
- Dan Vinton, Grant Co.
- Wayne Christner, Hayes Co.
- Paul Nichols, Hitchcock Co.
- Kim Elder, Keith Co.
- Joe Hewgley, Lincoln Co.
- Lee Wonch, Logan Co.
- Brett Nason, McPherson Co.
- Pam Moody, Thomas Co.

BOARD MEMBERS ABSENT:

- Ron Jageler, Arthur Co., Glen Monter, Gosper Co., Bryan Crisp, Hooker Co., Sid Colson, Perkins Co., Steve Downer, Red Willow Co.

OTHERS PRESENT:

- Kathy Seacrest, Regional Administrator, Region II Human Services
- Katie McCarthy, Fiscal and System Manager
- Dannette Smith, CEO DHHS
- Dr. Janine Fromm, Executive Medical Officer, DHHS
- John Bryant, Advisory Committee Member
- Jon Peterson, Advisory Committee Member

B. Announcements. Open Meetings Act, agenda, previous months minutes and handout materials are posted in the Board room. News media receiving meeting notification: North Platte Telegraph, Keith Co News, McCook Daily Gazette and Clipper Herald.

C. Public Forum. None.

D. Approval of Minutes. A motion was made by Brett Nason and seconded by Pam Moody to approve the minutes of the August 22, 2019. Roll call vote, 10/0/2. (Jaci Brown, PJ Jacobson abstained) Motion carried.

E. Approval of Agenda. A motion was made by Lee Wonch and seconded by Wayne Christner to approve the amended agenda as presented. Roll call vote, 12/0, motion carried.

F. Committee Reports.

a. Executive Committee Report. No report.

b. Advisory Committee Report. Advisory member John Bryant reported on their meeting on August 13th. Dr. Janet Bernard presented to the Advisory Committee about the Opioid Grant and Medication Assisted Treatment program. The Committee reviewed the Budget for FY 20 and recommended the budget be forwarded to the Governing Board for their approval. The Board thanked John for his report.

II. AGENCY/SERVICES PROVIDED BY REGION II HUMAN SERVICES

A. Agency Services

1. Program Report. Kathy Seacrest presented the Agency report for August 2019 and answered questions. Kathy reported the Youth Care Coordination numbers are increasing now that school has started back up.
2. Financial Report. The Agency financial report for August 2019 were reviewed.

III. BEHAVIORAL HEALTH AUTHORITY

A. Contracted Services

1. Program Report. Kathy presented the Behavioral Health Authority Program August Report.
2. Financial Report. The Contract Provider August financial report was reviewed. We contracted with St. Frances for one individual in Short Term Residential. Kathy reported that we have received and signed all of our provider contracts.

B. Systems Coordination

1. Program Report. Kathy Seacrest presented the Program Report of Systems Coordination services for August and answered questions. Kathy reported that we only had one county declare disaster due to the flooding.
2. Financial Report. The System Coordination financial reports for August were reviewed.

C. Grants

1. System of Care. October 1st is the start of the 4th year for the grant. Working on sustainability for the coming years. The fourth year requires a one-to-one match.
2. Suicide Prevention. Grant ends September 30th, but the region will continue services.
3. Mental Health First Aid. Services will continue to be offered throughout the region.
4. Opioid Project. The Opioid Grant year ends on 9/30/19, with a new grant starting October 2019. Region II will continue to offer these services through the grant. The team continues to meet.

D. Overall Financial Report. Agency and Behavioral Health Authority. Katie McCarthy reviewed August financials.

E. Dannette Smith, CEO of DHHS and Dr. Janine Fromm, Chief Medical Officer of DHHS presented to the board. Both shared their background in behavioral health. Dannette discussed learning about rural services and discussed our Region's Housing Assistance funds. Dannette discussed plan for the Department, she has a four prong approach. 1) Integrate services and systems across the different divisions of DHHS 2) Develop relationships throughout the community/state 3) Work with her team of 4,800 staff and 4) Improving infrastructure. Dannette reported that she would like to expand the system and make it more fluid/agile. Dr. Fromm explained her background in working with Magellan and the Nebraska Medicaid Managed Care companies.

Dannette and Dr. Fromm addressed the conversation that Sheri Dawson, Director, Division of Behavioral Health had with the Board at our last meeting. They reported that they will look into what the impetus is of asking our Region to look at the organizational structure. Board members noted that our Region is getting the best results in the state on the measures they are tracking. They also noted that they are hesitant to change what is working so well. Dr. Fromm stated that they are aware that what Region II is doing is working well, that's not the issue, and they want to look at how the Division supports us going forward to keep getting these good results. Board member Brett Nason stated that we fall right in line with the first prong of your four-prong approach. Dannette and Dr. Fromm commented that Region II is well above the state average in outcomes that are being collected. Kathy commented that providing services directly in a rural area makes the continuity of care possible.

Board members commented on how much they appreciated the visit from the CEO and Executive Medical Officer.

Dannette reported that she will be coming back to North Platte for meetings in November, and is interested in meeting with the board again. She would like to do some homework on the issues before meeting again.

F. Approval of Alternative Compliance for West Central NE Joint Housing Authority. Presentation of the Annual Alternative Compliance request for WCNJHA, in order to be able to provide services without an accreditation. A motion was made by Kim Elder and seconded by Brett Nason to approve the Alternative Compliance for West Central NE Joint Housing Authority for Contract Year 2019/20. Roll call vote, 12/1, motion carried.

G. Shift of Funds, FY2019/20. A Shift of Funds request was reviewed with the Board. A motion was made by Richard Bartholomew and seconded by Pam Moody to approve the Shift of Funds in the FY 2019/20 contract with the Department of Health and Human Services. Roll call vote, 12/1, motion carried.

H. Budget Approval FY2019/20. Approval/Disapproval. Kathy noted that this is the budget the Advisory Committee has reviewed and recommended. Reviewed the budget. A motion was made by PJ Jacobson and seconded by Paul Nichols to approve the operating budget for FY 2019/20 as presented. Roll call vote, 12/0, motion carried.

I. Regional Administrators Report. Kathy reported that we passed our Network Compliance Review with the Division of Behavioral Health. Board members set the December meeting date as December 5, 2019; it will be a combined meeting with the Advisory Committee.

IV. REGION II HUMAN SERVICES GOVERNING BOARD

A. Follow-up discussion on state report to Governing Board – Aug 22.

B. Investment/Reimbursement Report. Report was distributed and there were no recommendations for change.

C. Approval of Bills for Payment. Approval/Disapproval. A motion was made by Brett Nason and seconded by PJ Jacobson to approve the following bills for payment: Richard Bartholomew \$71.34, Wayne Christner \$56.26, Sid Colson \$37.70, Steve Downer \$82.94, Kim Elder \$19.72, JR Houser \$34.80, Ron Jageler \$87.00, Pam Moody \$114.84, Brett Nason \$21.46, Paul Nichols \$49.30, Dan Vinton \$92.80, Lee Wonch \$34.80, Clipper Herald \$1.23, Keith County News \$2.70, McCook Gazette \$10.00 and Telegraph \$12.97. Roll call vote, 12/0, motion carried.

V. SET NEXT MEETING DATE. October 24, 2019, 10 AM CT, 110 N Bailey, North Platte, Nebraska.

VI. ADJOURNMENT. Meeting adjourned at 2:30 PM