

## **REGION II HUMAN SERVICES GOVERNING BOARD**

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110 North Bailey, Box 1208  
North Platte NE 69103  
(308) 534-0440

### **MINUTES REGION II HUMAN SERVICES GOVERNING BOARD**

Date: April 25, 2019

#### **I. REGION II HUMAN SERVICES (Behavioral Health Authority)**

A. Introductions/Roll Call. Meeting was called to order by Dan Vinton, Chairman at 10:40 AM CDT at 110 North Bailey in North Platte, Nebraska. Roll call was taken with 13 board members present.

BOARD MEMBERS PRESENT:

- Ron Jageler, Arthur Co.
- PJ Jacobson, Dawson Co.
- Richard Bartholomew, Dundy Co.
- JR Houser, Frontier Co.
- Dan Vinton, Grant Co.
- Wayne Christner, Hayes Co.
- Paul Nichols, Hitchcock Co.
- Kim Elder, Keith Co.
- Lee Wonch, Logan Co.
- Brett Nason, McPherson Co.
- Sid Colson, Perkins Co.
- Steve Downer, Red Willow Co.
- Pam Moody, Thomas Co.

BOARD MEMBERS ABSENT:

- Jacci Brown, Chase Co., Glen Monter, Gosper Co., Bryan Crisp, Hooker Co., Joe Hewgley, Lincoln Co.,

OTHERS PRESENT:

- Kathy Seacrest, Regional Administrator, Region II Human Services
- Diana Schuster, Operations/Human Resources Director
- Katie McCarthy, Fiscal and System Manager
- Traci Kramer, Day Rehab Coordinator/Credentialing/Enrollment Coordinator
- Others: ---Ryan Carruthers, Touchstone, Jessie McDevitt, Houses of Hope, Ashley Volnek, CenterPointe, Laura Kersten, St. Monica's, Jae Job, St. Monica's.

B. Announcements. Open Meetings Act, agenda, previous months minutes and handout materials are posted in the Board room. News media receiving meeting notification: North Platte Telegraph, Keith Co News, McCook Daily Gazette and Clipper Herald.

C. Public Forum. None.

D. Approval of Minutes. A motion was made by Steve Downer and seconded by Richard Bartholomew to approve the minutes of March 28, 2019 meeting. Roll call vote, 11/0/2 (Jageler, Jacobsen abstaining). Motion carried.

E. Approval of Agenda. A motion was made by Sid Colson and seconded by Wayne Christner to approve the agenda as presented. Roll call vote, 13/0, motion carried.

F. Committee Reports.

- a. Executive Committee Report. No report.
- b. Advisory Committee Report. No report.

## **II. AGENCY/SERVICES PROVIDED BY REGION II HUMAN SERVICES**

### **A. Agency Services**

1. Program Report. Kathy Seacrest presented the March Agency program report and answered questions.
2. Financial Report. The Agency financial reports through March 2019 were presented.

## **III. BEHAVIORAL HEALTH AUTHORITY**

### **A. Contracted Services**

1. Program Report. Kathy presented the Behavioral Health Authority Program Report for March 2019. Contract Providers were also present to review their programs and answer questions.

Jay Conrad, Director, Houses of Hope/Touchstone Short-Term Residential Facilities in Lincoln discussed his programming. Ryan Carruthers, Program Director at Touchstone in Lincoln, a 20 bed Short-term residential facility introduced himself and presented information about his facility and the care they provide. Houses of Hope Halfway House Program Clinical Director Jessie McDevitt, discussed her program and the services provided.

Ashley Volnek, Director, CenterPointe in Lincoln, provides residential long-term care for individuals needing mental health and substance abuse care.

Laura Kersten, Clinical Director, St. Monica's in Lincoln, provides Substance Abuse short-term residential and Therapeutic Community Services for women only.

2. Financial Report. The Contract Provider financial reports for March 2019 were reviewed.

### **B. Systems Coordination**

1. Program Report. Kathy Seacrest presented the Program Report of Systems Coordination services for March and answered questions.
2. Financial Report. The System Coordination financial reports for March were reviewed.

### **C. Grants**

1. System of Care. Working on Crisis Respite services at this time.
2. Suicide Prevention. Kathy reported that the LOSS Team (Local Outreach to Suicide Survivors) is up and running in the region.
3. Mental Health First Aid. Services will continue to be offered throughout the region. The grant was renewed. Trainings available can be found on the Region II website under the tab Bulletin Board.
4. Opioid Project. Opioid team is presenting information to community agencies.

D. Overall Financial Report Agency and Behavioral Health Authority. Reviewed the overall financials through March 2019. At this time, the region is 75% through the year. The Board examined the financial reports. Kathy noted that they will be presenting a shift of funds request today in order to move dollars in order to draw down funds.

E. Approval of Shift of Funds FY 19. Approval/Disapproval. A shift of funds was presented and reviewed with the Board members. A motion was made by Paul Nichols and seconded by PJ Jacobson to approve the Shift of Funds #3 for FY 2019 as presented. Roll call vote, 13/0, motion carried.

### **G. Regional Administrators Report.**

1. Updates. Kathy reported that CARF (national accreditation service) was in Region II last week for 3 days surveying the sites, services, vehicles, etc. for the required accreditation visit that is scheduled every 3 years. Kathy thanked JR Houser for visiting with a surveyor, and also Marge Beatty, Advisory Chairman, and Sheri Dawson with HHS for taking the time to speak with them. The surveyors reported that the region did very well with 100% compliance and no recommendations for changes. The final report will be available in a few weeks.

Kathy reported that the funds will remain the same in FY 2020 as they did this year. The Appropriations committee took the cut out of this budget, but not sure about the following year. The Regional Administrators and legislative folks met with Sen. Stinner from Scottsbluff. Kathy also noted that the state is requesting additional Medication Support information and comparisons to review. Also, Great Plains Health has requested that we move folks out of the hospital and into the Regional Centers, but no beds are available.

#### **IV. REGION II HUMAN SERVICES GOVERNING BOARD**

- A. Signature Holders. Approval/Disapproval. A motion was made by P J Jacobson and seconded by Brett Nason to appoint Sid Colson as an additional signature holder. Roll call vote, 12/0/1 (Colson abstaining). Motion carried.
- B. Investment Report/Receipts and Disbursements Report. Report was distributed and there were no recommendations for change.
- C. Approval of Bills for Payment. Approval/Disapproval. A motion was made by Kim Elder and seconded by Pam Moody to approve the following bills for payment: Richard Bartholomew \$48.72, Jacci Brown, \$35.38, Wayne Christner \$46.98, Sid Colson \$11.60, Steve Downer \$82.94, Kim Elder \$11.60, Pam Moody \$114.84, Brett Nason \$78.88, Paul Nichols \$58.00, Dan Vinton \$40.60, Lee Wonch \$62.06, Clipper Herald \$2.86, Keith County News \$6.30, McCook Gazette \$4.40, Telegraph \$12.97. Roll call vote, 13/0, motion carried.

**V. SET NEXT MEETING DATE.** Thursday, May 23, 2019, 10 AM., CDT, 110 North Bailey, North Platte.

**VI. ADJOURNMENT.** Meeting adjourned at 11:30 AM.

## **REGION II HUMAN SERVICES GOVERNING BOARD**

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110 North Bailey, Box 1208  
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(308) 534-0440

### **MINUTES REGION II HUMAN SERVICES GOVERNING BOARD**

Date: May 23, 2019

#### **I. REGION II HUMAN SERVICES (Behavioral Health Authority)**

A. Introductions/Roll Call. Meeting was called to order by Dan Vinton, Chairman at 10:45 AM CDT at 110 North Bailey in North Platte, Nebraska. Roll call was taken with 13 board members present.

BOARD MEMBERS PRESENT:            Ron Jageler, Arthur Co.  
   Jacci Brown, Chase Co.  
   PJ Jacobson, Dawson Co.  
   Richard Bartholomew, Dundy Co.  
   JR Houser, Frontier Co.  
   Dan Vinton, Grant Co.  
   Wayne Christner, Hayes Co.  
   Paul Nichols, Hitchcock Co.  
   Kim Elder, Keith Co.  
   Lee Wonch, Logan Co.  
   Brett Nason, McPherson Co.  
   Sid Colson, Perkins Co.  
   Steve Downer, Red Willow Co.

BOARD MEMBERS ABSENT:            Glen Monter, Gosper Co., Bryan Crisp, Hooker Co., Joe Hewgley, Lincoln Co.,

OTHERS PRESENT:                    Kathy Seacrest, Regional Administrator, Region II Human Services  
   Diana Schuster, Operations/Human Resources Director  
   Katie McCarthy, Fiscal and System Manager  
   Traci Kramer, Day Rehab Coordinator/Credentialing/Enrollment Coordinator  
   Robyn Schultheiss, Director, Emergency Support Services

B. Announcements. Open Meetings Act, agenda, previous months minutes and handout materials are posted in the Board room. News media receiving meeting notification: North Platte Telegraph, Keith Co News, McCook Daily Gazette and Clipper Herald.

C. Public Forum. None.

D. Approval of Minutes. A motion was made by Sid Colson and seconded by PJ Jacobson to approve the minutes of the April 25, 2019 meeting. Roll call vote, 12/0/1 (Brown abstained). Motion carried.

E. Approval of Agenda. A motion was made by Steve Downer and seconded by Wayne Christner to approve the agenda as presented. Roll call vote, 13/0, motion carried.

F. Committee Reports.

- a. Executive Committee Report. No report.
- b. Advisory Committee Report. No report.

## **II. AGENCY/SERVICES PROVIDED BY REGION II HUMAN SERVICES**

### **A. Agency Services**

1. Program Report. Kathy Seacrest presented the April Agency Program Report and answered questions. Robyn Schultheiss, Emergency Support Director, provided a report. Robyn reported that they are receiving more calls from the Crisis Response line. Updates included: diverting lots of folks, continue working with all the counties, and work closely with law enforcement in all 17 counties and working with the hospital on some struggles. Robyn noted that with the network of services we have in Region II, she is able to get someone where they need to be and connect with the other Program Directors. The Board thanked Robyn for her report.
2. Financial Report. The Agency financial reports through April 2019 were presented.

## **III. BEHAVIORAL HEALTH AUTHORITY**

### **A. Contracted Services**

1. Program Report. Kathy presented the Behavioral Health Authority Program April Report.
2. Financial Report. The Contract Provider March financial report was reviewed.

### **B. Systems Coordination**

1. Program Report. Kathy Seacrest presented the Program Report of Systems Coordination services for April and answered questions.
2. Financial Report. The System Coordination financial reports for April were reviewed.

### **C. Grants**

1. System of Care. Will begin the 4<sup>th</sup> year of this grant, and now looking at sustainability.
2. Suicide Prevention. Kathy reported that the LOSS Team (Local Outreach to Suicide Survivors) is available in the region.
3. Mental Health First Aid. Services will continue to be offered throughout the region.
4. Opioid Project. Currently, there are four prescribers in the region. Dr. Janet Bernard will present to the board next month.

D. Overall Financial Report Agency and Behavioral Health Authority. Reviewed the overall financials through April 2019. At this time, the region is 83% through the year. The shift of funds request from last month was approved by the State.

E. Approval of Shift of Funds FY 19. Approval/Disapproval. This item was tabled.

F. Audit Letter of Engagement – Agency - FY 2018/19. The Engagement Letter for the 2018/19 Agency Audit was presented from RJ Meyer. The letter will be signed by Kathy Seacrest.

G. Approval of DHHS Contract for Services, FY 20. Approval/Disapproval. Kathy reported that the State approved the Regional Budget Plan but the Contract is not yet available. A motion was made by JR Houser and seconded by Brett Nason to authorize Kathy Seacrest to sign the DHHS Contract for Services document when it arrives. Roll call vote, 13/0, motion carried.

### **H. Regional Administrators Report.**

1. Updates. Kathy reported that the CARF (national accreditation service) Accreditation report was received and Region II has officially received a Three-Year Accreditation. The Executive Summary and Areas of Strength was distributed to the Board members. Board members congratulated staff on this accomplishment and noted their appreciation for the hard work.

Goodwill Industries awarded Region II a Community Partner Award at their banquet in Grand Island last week.

The legislative budget went to the Governor's desk for approval.

#### **IV. REGION II HUMAN SERVICES GOVERNING BOARD**

- A. Audit Letter of Engagement, FY 2018/19. Approval/Disapproval. A motion was made by Richard Bartholomew and seconded by Paul Nichols to approve signed the Governing Board Audit Engagement Letter for FY 19. Roll call vote, 13/0, motion carried.
- B. Investment Report/Receipts and Disbursements Report. Report was distributed and there were no recommendations for change.
- C. Approval of Bills for Payment. Approval/Disapproval. A motion was made by Brett Nason and seconded by Sid Colson to approve the following bills for payment: Richard Bartholomew \$69.02, Wayne Christner \$56.26, Sid Colson \$37.70, Steve Downer \$82.94, Kim Elder \$19.72, JR Houser \$34.80, PJ Jacobson \$61.48, Ron Jageler \$87.00, Pam Moody \$114.84, Paul Nichols \$49.30, Dan Vinton \$92.80, Lee Wonch \$34.80, Telegraph \$11.97, McCook Gazette \$4.40, Clipper Herald \$2.86, Region II Human Services \$4,927.09. Roll call vote, 13/0, motion carried.

**V. SET NEXT MEETING DATE.** Thursday, June 27, 2019, 10 AM., CDT, 110 North Bailey, North Platte.

**VI. ADJOURNMENT.** Meeting adjourned at 11:45 AM.

## **REGION II HUMAN SERVICES GOVERNING BOARD**

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### **MINUTES REGION II HUMAN SERVICES GOVERNING BOARD**

Date: June 27, 2019

#### **I. REGION II HUMAN SERVICES (Behavioral Health Authority)**

A. Introductions/Roll Call. Meeting was called to order by Dan Vinton, Chairman at 10:40 AM CDT at 110 North Bailey in North Platte, Nebraska. Roll call was taken with 12 board members present.

BOARD MEMBERS PRESENT:

- PJ Jacobson, Dawson Co.
- Richard Bartholomew, Dundy Co.
- JR Houser, Frontier Co.
- Dan Vinton, Grant Co.
- Wayne Christner, Hayes Co.
- Paul Nichols, Hitchcock Co.
- Kim Elder, Keith Co.
- Lee Wonch, Logan Co.
- Brett Nason, McPherson Co.
- Sid Colson, Perkins Co.
- Steve Downer, Red Willow Co.
- Pam Moody, Thomas Co.

BOARD MEMBERS ABSENT:

- Ron Jageler, Arthur Co., Jacci Brown, Chase Co., Glen Monter, Gosper Co.,
- Bryan Crisp, Hooker Co., Joe Hewgley, Lincoln Co.,

OTHERS PRESENT:

- Kathy Seacrest, Regional Administrator, Region II Human Services
- Diana Schuster, Operations/Human Resources Director
- Katie McCarthy, Fiscal and System Manager
- Traci Kramer, Day Rehab Coordinator/Credentialing/Enrollment Coordinator
- Dr. Janet Bernard, (on contract – Medication Assisted Treatment)
- Teresa Ward, Clinical Director

B. Announcements. Open Meetings Act, agenda, previous months minutes and handout materials are posted in the Board room. News media receiving meeting notification: North Platte Telegraph, Keith Co News, McCook Daily Gazette and Clipper Herald.

C. Public Forum. None.

D. Approval of Minutes. A motion was made by Brett Nason and seconded by Wayne Christner to approve the minutes of the May 23, 2019 meeting. Roll call vote, 11/0/1 (Pam Moody abstained). Motion carried.

E. Approval of Agenda. A motion was made by Sid Colson and seconded by Paul Nichols to approve the agenda as presented. Roll call vote, 12/0, motion carried.

F. Committee Reports.

- a. Executive Committee Report. No report.
- b. Advisory Committee Report. No report.

## **II. AGENCY/SERVICES PROVIDED BY REGION II HUMAN SERVICES**

### **A. Agency Services**

1. Program Report. Kathy Seacrest presented the May Agency Program Report and answered questions. Kathy noted that they are close to pulling down all of the units with the year ending June 30<sup>th</sup>.
2. Financial Report. The Agency financial reports through May were presented.

## **III. BEHAVIORAL HEALTH AUTHORITY**

### **A. Contracted Services**

1. Program Report. Kathy presented the Behavioral Health Authority Program May Report, noting that the Emergency Protective Custody numbers are consistent with past years. In Short-Term Residential Services, they are working to do admissions quicker and better. Kathy reported that Great Plains Health closed their Behavioral Health Unit several times last month. The month of June is doing better.
2. Financial Report. The Contract Provider May financial report was reviewed.

### **B. Systems Coordination**

1. Program Report. Kathy Seacrest presented the Program Report of Systems Coordination services for the month of May and answered questions. Kathy reported that in housing services the region has been very active in getting people housed.
2. Financial Report. The System Coordination financial reports for April were reviewed.

### **C. Grants**

1. System of Care. Grant will continue, and looking at sustainability.
2. Suicide Prevention. Grant is ending but the region will continue services. Kathy reported that the LOSS Team (Local Outreach to Suicide Survivors) is available in the region.
3. Mental Health First Aid. Services will continue to be offered throughout the region.
4. Opioid Project. Dr. Janet Bernard, Medication Assisted Treatment Program, and Teresa Ward, Clinical Director, presented information about the grant and the work the region is doing. Dr. Janet Bernard noted that the work that is being done is life changing for the persons involved. She stated that she works three days a week out of the North Platte Heartland Office with a team that has been created to treat the Opioid Use Disorder patients. The MAT (Medication Assisted Treatment) is a med assisted treatment. Currently, there are 177 individuals in the program and is making a huge difference in a lot of peoples' lives. Dr. Janet is working with a case manager who is able to connect and touch base with the individuals in helping to treat their disorder. Currently, there are 4 prescribers in Region II that can treat this disorder. The Opioid Grant year ends on 9/30/19, with a new grant starting October 2, 2019. Region II will continue to offer these services through the grant. The Board thanked Dr. Bernard and Teresa Ward for their work in the region and for the report.

D. Overall Financial Report Agency and Behavioral Health Authority. Reviewed the overall financials through May. At this time, the region is 91% through the year. The funds shifted a few months ago are included in this report. Discussed the difficulty in predicting the funds needed. Noted that client fees are staying more steady as they continue to work on that piece.

E. Approval of Shift of Funds FY 19. Approval/Disapproval. A Shift of Funds #4 was distributed and reviewed with the Board. Kathy noted that they are hopeful the State will approve all the shifts presented. If the State does not, Kathy stated that they will not be able to draw all funds down based on the projections. A motion was made by Richard Bartholomew and seconded by Brett Nason to approve the shift as presented. Roll call vote, 12/0, motion carried.

F. Adult Day Service License Renewal. Approval/Disapproval. A motion was made by Lee Wonch and seconded by Paul Nichols to approve the Chairman sign the Adult Day Service Licensure Application for the Pioneer House and Frontier House Programs as presented. Roll call vote, 12/0, motion carried.



G. Approval of Job Descriptions & Pay Ranges. Approval/Disapproval. Revisions of the job descriptions were presented, as well as an updated Pay Range Schedule. A motion was made by Sid Colson and seconded by JR Houser to approve the Job Descriptions & Pay Ranges as presented. Roll call vote, 12/0, motion carried.

H. Approval of Organizational Charts. Approval/Disapproval. The Behavioral Health Authority and Region II Human Services Agency Organizational charts were revised and presented for review and approval. A motion was made by Kim Elder and seconded by Pam Moody to approve the Organizational Charts as presented. Roll call vote, 12/0, motion carried.

I. Regional Administrators Report.

1. Updates. Kathy reported that the State has raised the service rates, but require the exact same capacity, and more restrictions on shift of funds next year. Kathy noted that she will be on a call next week with the State where she will express dissatisfaction with this requirement. Also, Sheri Dawson with DHHS will be at the August Board meeting.

Kathy noted that the press release has gone out to the area newspapers announcing that Region II Human Services has received the highest accreditation possible for the eighth year running from CARF (Commission on Accreditation of Rehabilitation Facilities).

Kathy reported that Region II Human Services reorganized on July 1, 1989. On this date, the mental health and substance abuse services were combined and administered by Larry Brown, Regional Administrator, and Kathy Seacrest, Program Director. With gratitude and in celebration of living our mission for 30 years, 1989 – 2019, Kathy thanked the Board members for their continued support and guidance through the years. Chairman Dan Vinton noted that the quality and growth of services is something to be proud of.

#### **IV. REGION II HUMAN SERVICES GOVERNING BOARD**

A. Investment Report/Receipts and Disbursements Report. Report was distributed and there were no recommendations for change.

B. Approval of Bills for Payment. Approval/Disapproval. A motion was made by Brett Nason and seconded by Steve Downer to approve the following bills for payment: Richard Bartholomew \$69.02, Jacci Brown \$65.54, Wayne Christner \$56.26, Sid Colson \$37.70, Steve Downer \$82.94, Kim Elder \$19.72, JR Houser \$34.80, PJ Jacobson \$61.48, Ron Jageler \$87.00, Paul Nichols \$49.30, Dan Vinton \$92.80, Lee Wonch \$34.80, Clipper Herald \$2.86, Keith Co News \$2.70, McCook Gazette \$4.40, Telegraph \$12.97. Roll call vote, 12/0, motion carried.

**V. SET NEXT MEETING DATE.** Thursday, July 25, 2019, 10 AM., CDT, 110 North Bailey, North Platte.

**VI. ADJOURNMENT.** Meeting adjourned at 11:47 AM.