

# REGION II HUMAN SERVICES

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## PROGRAM LISTING

### REGIONAL and PROGRAM ADMINISTRATION

110 North Bailey, P.O. Box 1208  
North Platte NE 69103-1208

Kathy Seacrest, BA, Regional Administrator/Program Director  
Diana Schuster, Operations & Human Resources Director  
Katie McCarthy, BS, Fiscal & System Manager  
Tom Carpenter, BS, Fiscal & System Manager (part-time)  
Walter (Wally) Hampton, Information Technology Manager

**(308) 534-0440**

FAX (308) 534-8775

308 534 0440 Ext 201 Cell (308) 539-0310  
308 534-0440 Ext 203  
308 534-0440 Ext 204  
Cell (308) 340-3878  
Cell (308) 350-1419

### DIRECTORS- REGIONWIDE

Tamara Johnson, MD, Medical Director, Family Physician ----- 308 534 6029  
Teresa Ward, MA, Lic. Indep Mental Health Pract, Day Rehab Director, Outpatient Director --- 308 534 6029  
Angela Smith, Community Support Director ----- Cell (308) 280-0031  
Robyn Schultheiss BSW, Emergency Support Program Director ----- Cell (308) 390-4645  
Bonnie Bauer, BS, Youth Care Coord Dir/System of Care Grant Admin----- Cell (308) 539-4065  
Shannon Sell, BS, Prevention System Director ----- 308-534-6029 x 152

## □ REGIONWIDE:

### REGIONAL EMERGENCY COORDINATION/EMERGENCY SUPPORT PROGRAM

307 East Fifth, P.O. Box 519  
Lexington NE 68850-0519  
(308) 324-7200  
FAX (308) 324-5118

P.O. Box 1209  
North Platte NE 69103-1208  
Toll free (877) 269-2079  
FAX (308) 532-1157

Robyn Schultheiss BSW, Emergency Support Program Director/System Coordination  
Kelly Kuenle, BS, Emergency Service Coordinator  
Nancy Cooper, Emergency Service Coordinator

Cell (308) 390-4645  
308 324-7918 Cell (308) 325-9661  
308 532-4860 x 312 Cell (308) 539 1552

**REGION II CLIENT CRISIS LINE (OUTPATIENT, COMMUNITY SUPPORT, DAY REHAB)**

**1-877-709-3351  
or (308) 532-3351**

**BEHAVIORAL HEALTH SYSTEM EMERGENCY NUMBER**

**1-877-269-2079**

### REGION II PREVENTION SYSTEM COORDINATION

110 North Bailey, P.O. Box 1208  
North Platte NE 69103-1208

Shannon Sell, BS, Prevention System Director  
Heartland staff as needed. Educators on contract throughout the Region.  
Community Connections – contracted coalition

**(308) 534-6029 Ext 152**

FAX (308) 534-6961

308-534-6029 Ext 152

### REGION II PEER RECOVERY FACILITATORS

Corey Brockway, BS, Peer Recovery Facilitator/Computer/Network Technician  
Nancy Rippen, RN, Peer Recovery Facilitator (McCook)

Cell (308) 340-2406  
(308) 345-2770 Ext 207 Cell (308) 340-4842

## □ NORTH PLATTE:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

110 North Bailey, P.O. Box 1209

**North Platte** NE 69103-1209

*Services available: Outpatient Substance Abuse & Mental Health. Substance Abuse Evaluations, Medication Management, Med Box Program.*

**(308) 534-6029**

FAX (308) 534-6961

Tamara Johnson, MD, Medical Director, Family Physician (6-8 days month)	308 534 6029	Ext 134
Bridget Pettit, MS., Lic. Independent Mental Health Practitioner (part-time)	308 534 6029	Ext 131
Teresa Ward, MA., Lic. Independent Mental Health Practitioner, Outpatient Director	308 534 6029	Ext 125
Mark Hunt, LADC, Licensed Alcohol & Drug Counselor (NP & Lex)	308 534-6029	Ext 128
Jennifer Spencer, MS, Licensed Independent Mental Health Practitioner	308 534-6029	Ext 126
Lindsey Schafer, MAEd, Prov MH Practitioner, Prov Alc & Drug Counselor (NP/Og)	308 534-6029	
Maggie Tidyman, BS, Provisional Licensed Alcohol & Drug Counselor (NP/McCook)	308 534-6029	Ext 133
Laura Steffes, PMSW, PLMHP, Prov. Mental Health Practitioner	308 534-6029	Ext 126
Sandra Young, MSED, LIMHP, LADC, Lic Mental Health Pract/Alc & Drug Counselor	308 534-6029	Ext 127
Marilyn Brown, Support Staff	308 534 6029	Ext 120
Mandy Blakeman, BS, Support Staff, NP Support Staff Manager	308 534-6029	Ext 122
Megan Smith, Support Staff	308 534-6029	Ext 137
Justina Johnson, RN, Nurse	308 534-6029	Ext 139
Kathryn Batson, APRN-Nurse Practitioner, (2½ days per week)	308 534-6029	
Leslie Pieper, LIMHP, LCSW (on contract tele-therapy 3½ days per week)		

### **COMMUNITY SUPPORT SERVICES**

110 North Bailey, P.O. Box 1209

**North Platte** NE 69103-1209

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director	308 532-4860	Ext 392 Cell 308 280-0031
Deb Hyde, BS, Care Coordinator	308 532-4860	Ext 306
Jestine Irish, BS, Care Coordinator	308 532-4860	Ext 310
Jill Miller, AA, Care Coordinator	308 532-4860	Ext 308 Cell 308-414-0010
Kelli Martin, AA, Care Coordinator	308 532-4860	Ext 391
Lisa Green, BS, Care Coordinator	308 532-4860	Ext 305
Missie Seward, BA, Care Coordinator	308 532-4860	Ext 307
Laura Steffes, MSW, Care Coordinator (part-time)	308 532-4860	Ext 307
Samuel McDaniel, BS, Care Coordinator (part-time)	308 532-4860	Ext 302

**(308) 532-4860**

FAX (308) 532-1157

### **YOUTH CARE COORDINATION SERVICES**

110 North Bailey, P.O. Box 1209

**North Platte**, NE 69103-1209

Bonnie Bauer, BS, Youth Care Coordination Director/System of Care Grant Coord	Cell (308) 539-4065	
Sarah White, BS, Youth Care Coordinator	308 532-4860	Ext 304 Cell 350-0678
Ashley Vak, BA, Youth Care Coordinator	308 532-4860	Ext 303 Cell 539-1498
April Scott, BA, Youth Care Coordinator	308 532-4860	Ext 309 Cell 539-5441

**(308) 532-4860**

FAX (308) 532-1157

### **FRONTIER HOUSE (Day Rehab/ Day Support)**

114 South Chestnut, P.O. Box 1209

**North Platte**, NE 69103-1209

Teresa Ward, MA, Lic. Independent Mental Health Practitioner, Day Rehab Director		
Melanie Freeze, Part-time Care Coordinator		Ext 204
Traci Kramer, BS, Care Coordinator		Ext 203
Suzy Dodson, BS, Care Coordinator		Ext 207
Samuel McDaniel, BS, Part-time Care Coordinator		Ext 206
Cassandra Lueth, BS, Care Coordinator		
Johnna Arensdorf, BS, Care Coordinator		

**(308) 532-4730**

FAX (308) 532-4737

Cell phones 539-4067 & 539-4068

## □ MCCOOK:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0818

*Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management and Med Box Program.*

Tamara Johnson, M.D., Medical Director, Family Physician (6 days month)

Marsha Wilkison, EdS, Lic. Independent Mental Health Practitioner

Carrie Roberts, LCSW, Lic. Independent Mental Health Practitioner

Rebecca Durner, MA, Licensed Independent Mental Health Practitioner

Maggie Tidyman, BS, Provisional Licensed Alcohol & Drug Counselor (1 day wk)

Brenda Ruf, MS, LMHP, LADC, Licensed Alcohol & Drug Counselor

Sarah Vrbas, Support Staff, Building Coordinator

Georgia Baughman, Support Staff

Rena Gardner, BA, Care Coord, Day Support Coord, part-time Support Staff

Justina Johnson, RN, Nurse

Nancy Rippen, RN, Peer Recovery Facilitator

Kathryn Batson, APRN-Nurse Practitioner (1 day wk)

**(308) 345-2770**

FAX (308) 345-2557

Cell phone: 350-2886

308 345-2770

308 345-2770 Ext 203

308 345-2770 Ext 204

308 345-2770 Ext 205

308 345-2770

308 345-2770 Ext 208

308 345-2770 Ext 202

308 345-2770 Ext 201

308 345-2770 Ext 213

308-345-2770 Ext 215

308-345-2770 Ext 207 Cell (308) 340-4842

308-345-2770

### **COMMUNITY SUPPORT SERVICES**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0818

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director

Jan Badsy, BA, Care Coordinator

McKenize McIntyre, BS, Care Coordinator

**(308) 345-2770**

FAX (308) 345-2557

308 532-4860 Ext 392 Cell 308 280-0031

308-345-2770 Ext 206

308 345-2770 Ext 211 Cell 308 539-2711

### **YOUTH CARE COORDINATION SERVICES**

1012 West Third, P.O.Box 818

**McCook** NE 69001-0818

Bonnie Bauer, BS, Youth Care Coordination Director/System of Care Grant Admin

Jessie Spencer, BS, Care Coordinator

**(308) 345-2770**

FAX (308) 345-2557

Cell (308) 539-4065

308 345-2770 Ext 209 Cell (308)350-0894

### **PIONEER HOUSE (Day Support)**

P.O. Box 818, 1012 West Third

**McCook** NE 69001-0181

Rena Gardner, BA, Care Coordinator, Day Support Coordinator

**(308) 345-2770**

FAX (308) 345-2557

308 345-2770 Ext 213

## □ LEXINGTON:

### **HEARTLAND COUNSELING AND CONSULTING CLINIC**

P.O. Box 519, 307 East 5th

**Lexington** NE 68850-0519

*Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management, Med Box Program*

Tamara Johnson, MD, Medical Director, Family Physician (1 day mo)

Richard Pendleton Sr., MS, Lic Indep. Mental Health Practitioner

Mark Hunt, LADC, Licensed Alcohol & Drug Counselor (1 day wk)

Brooke Titus, AA, PLADC, Prov Lic Alcohol & Drug Counselor

Jill Kostman, Support Staff, Building Coordinator

Deaetta Larson, Support Staff, Building Coordinator

Justina Johnson, RN, Nurse (1 day every other wk)

Kathryn Batson, APRN-Nurse Practitioner (1 day wk)

**(308) 324-6754**

FAX (308) 324-5118

**Emergency Support (308) 324-7200** TOLL FREE (877) 269-2079

308 324-6754

308 324-6754

308 324-6754

308 324-6754

308 324 6754

308-324-6754

308-345-2770 Ext 215

308-324-6754

### **COMMUNITY SUPPORT SERVICES**

P.O. Box 519, 307 East 5th

**Lexington** NE 68850-0519

Angela Smith, Care Coordinator, Arm in Arm Coordinator, Community Support Director

Jill Miller, AA, Care Coordinator (2 days per wk)

Missie Seward, BA, Care Coordinator (part-time)

**(308) 324-6754**

FAX (308) 324-5118

Cell 308 280-0031

308 324-6754

308 324-6754

## YOUTH CARE COORDINATION SERVICES

307 East 5<sup>th</sup>, P.O.Box 519

Lexington NE 68850-0519

Bonnie Bauer, BS, Youth Coordination Director/System of Care Grant Admin

Mayra Avalos, BS, Youth Care Coordinator

Deb Turner, BA, Youth Care Coordinator, Youth System of Care Coordinator

**(308) 324-6754**

FAX (308) 324-5118

Cell 308 539-4065

308 324-6754 Ext 210 Cell 308-320-1051

308 324-6754 Cell 308-320-0256

## **OGALLALA/IMPERIAL:**

### HEARTLAND COUNSELING AND CONSULTING CLINIC

**(308) 284-6767 (Ogallala)**

401 West 1<sup>st</sup>

Ogallala NE 69153-2412

FAX: (308) 284-3084

740 Court Street

Imperial, NE 69033

(308) 882-4203, FAX 308-882-3072

*Services available: Outpatient Substance Abuse & Mental Health, Substance Abuse Evaluations, Medication Management, Med Box Program*

Tamara Johnson, MD, Medical Director, Family Physician (3 days mo)

308 284-6767

Lindsey Schafer, MA Ed., Prov MH Practitioner, Prov Alc & Drug Counselor (3 days wk)

308 534-6029

Brenda Ruf, MS, LMHP, LADC, Licensed Alcohol & Drug Counselor (1 days wk)

308 534-6029

Carrie Howell, BA, Support Staff, Building Coordinator

308-284-6767 Ext 202

Amanda Baack, Support Staff

308 284 6767

Kathryn Batson, APRN-Nurse Practitioner (1 day wk)

308-284-6767

Crayton Jirovsky, MS.Ed., LMHP, LADC (on contract tele-therapy 2½ days per wk)

308-284-6767

Jenee Hill, MS, LIMHP, LADC (on contract 2 days per week)

308 284-6767

Rhonda Osborne, MA, LIMHP (on contract, part-time, Ogallala, Imperial, Benkelman)

308 284-6767

### COMMUNITY SUPPORT SERVICES

**(308) 280-0031 Cell**

401 West 1<sup>st</sup>

Ogallala NE 69153-2412

Angela Smith, Care Coord, ARM Coord, Housing System Coord, Community Support Director

308 284-6767 Ext 217 Cell 308-280-0031

Lisa Green, BS, Care Coordinator (2 days week)

308 284-6767

### YOUTH CARE COORDINATION SERVICES

**(308) 284-6767**

401 West 1<sup>st</sup>

Ogallala NE 69153-2412

Bonnie Bauer, BS, Youth Coordination Director/System of Care Grant Admin

Cell 308 539-4065

Makayla Crawford, BS, Youth Care Coordinator

308-284-6767 Ext 210 Cell 308 280-0576

## **CONTRACTED SERVICES:**

**Acute/Secure Sub-Acute Care.** Great Plains Health, North Platte

**Emergency Protective Custody Services.** Great Plains Health, North Platte

**Substance Abuse Short Term Residential Services.**

Touchstone Treatment Center, Lincoln (402) 474-4343 (men and women)

St. Monica's, Lincoln (402)441-3768 (women only)

**Therapeutic Community.** St. Monica's, Lincoln (402) 441-3768 (women only)

**Halfway House for Men.** Houses of Hope, Lincoln. Jay Conrad (402) 435-3165

**Dual Diagnosis Residential.** CenterPointe, Lincoln, (402) 475-8717

**Supported Employment.** Goodwill Industries, North Platte, Lexington, McCook & Ogallala. Randa Sil (308) 520-9260.

**Transitional Housing.** West Central Nebraska Housing Authority, Ogallala, Kelsey Snow, Director. (308) 284-7315

**Intensive Outpatient Substance Abuse Services.** Lutheran Family Services of Nebraska, (308) 532-0587

**Prevention Coalitions -** Community Connections, Shannon Sell (308) 534-6029, Ext 152.

## **SPECIAL SERVICES:**

**ARM in ARM (Aiding Recovering Moms):** Gender specific substance abuse wraparound services for pregnant and/or parenting recovering women. Angela Smith (308) 280-0031

**Behavioral Health Disaster Response Coordination:** Shannon Sell (308) 534-6029 Ext 152.

**Youth Systems Coordination -** Bonnie Bauer (308) 539-4065

**Housing System Coordination -** Angela Smith (308) 280-0031

**Prevention System Coordination -** Shannon Sell (308) 534-6029 Ext 152

### Region II Human Services Grounding Assistance Phone Lines:

North Platte Line (308) 532-4860 Ext 399

McCook Line (308) 345-2770 Ext 249

Lexington Line (308) 324-6754 Ext 249

Ogallala Line (308) 284-6767 Ext 249